

Grade 1

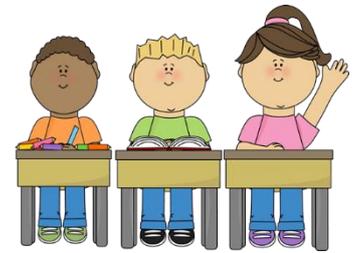
Home Programme



Week 4

28 – 30 April 2020

Dear parents,



In these uncertain times, we wanted to make one thing certain for your children: that learning continues. We have put together an extension of the first “Home Programme” pack, and will continue to extend the programme on a weekly basis should the lockdown be extended too. In these programmes we will be making use of the books that have been sent home in the original pack, and will add a few worksheets as well.

If you have any questions or concerns, please do contact your child’s class teacher and we will gladly help you. We are missing your children terribly, and do hope we see them soon.

Stay safe, happy and healthy!

All of the best,
Your Grade 1 Teachers.

What you will need to continue with the Home Programme:	
1.	Videos will be provided daily as they are required.
2.	DBE Blue Book: English Home Language
3.	DBE Blue Book: Mathematics in English
4.	Fun with Maths 1.1 (Purple A4 Book)
5.	My Bug Book of Bonds to 10 (Purple A5 Book)
6.	Phonics and Spelling Homework Book 1 (Orange A4 Homework)

The programme will refer to these books/ booklets each day.

Programme

Just a reminder that it is impossible to expect a child to sit for hours on end doing school work. Below is an idea of a daily schedule that could be helpful to keep your children in a routine, as well as give them the necessary rest and play times.

Time	Activity	Details
Before 9am	Wake Up	Eat breakfast, make your bed, get dressed, put PJs in laundry.
09h00 – 10h00	Morning Walk	Family walk with dog, stretching if it's raining.
10h00 – 11h00	Academic Time	Home programme from school.
11h00 – 12h00	Creative Time	Lego, magnatiles, drawing, crafting, play music, cook or bake with an adult.
12h00	Lunch	
12h30	Chore Time	A. Wipe kitchen table and chairs B. Wipe door handles, light switches, and desk tops. C. Wipe bathroom sinks and toilets.
13h00 – 14h30	Quiet Time	Reading, puzzles and nap.
14h30 – 16h00	Academic Time	Home programme from school.
16h00 – 17h00	Afternoon Fresh Air	Bikes, walks, playing outside.
17h00 – 18h00	Dinner	
18h00 – 20h00	Free TV Time	Shower or bath.
20h00	Bedtime	

Academic Home Programme:

- **Monday 27 April** is Freedom Day

Tuesday 28 April	
English	<ul style="list-style-type: none"> - Orally go through what happened over the weekend ensure you use the days of the week. Eg. On Friday I played soccer then on Saturday my mom made burgers. - - Read: Sight Words Set 1 (in Sight Word Flip file). - In Phonics Book: do page 30 “ss” “ff” do the column for Monday and Tuesday. <p>Read and sound out the words and think about sentences that could be formed using the words.</p> <p>Sentences : I see a mass of flies. One less than two is one.</p>

	<p>The snake will hiss at me. I gave my mom a big kiss. It was a big loss of money. My mom will fuss when I wash my hands. The boy was in a big huff. I puff when I exercise.</p> <p>- Writing : choose 2 sentences from above and write them out using head tummy tail make sure you work from left to right touch the top and bottom of the line and remember finger spaces between words and then illustrate your favourite one</p> <p>- Reading : Kathy and Mark Inside and Out (the pages will be sent to you on Tuesday morning) discuss the story. What happened first and at the end of the story. Remember to sound out words you don't know.</p>
<p>Maths</p>	<p>- Go through today's date (the date, the month), and the day of the week.</p> <p>- Orally count forwards and backwards in 1s from 1-50; in 2s from 2-50; in 5s from 5-50; and in 10s from 10-100. Discuss single and double digits. Write the single digits down from 1-20 then the double digits down from 1-20 on your whiteboard. Remember single = one symbol and double = two symbols. When you have done that write out the symbols 1-10 and the matching number names eg. 1=one, 2=two. Draw a picture next to each equivalent to the number eg. 1=One=00.</p> <p>Bond book: do page 11 (look at the signs remember – means your answer will be less + your answer will be more. Don't do the whole page leave some for tomorrow.)</p>
<p>Afrikaans</p>	<p>- Orally count from 1-10: een (1), twee (2), drie (3), vier (4), vyf (5), ses (6), sewe (7), agt (8), nege (9) en (and) tien (10).</p> <p>- Orally say the days of the week (from Reading words and Poems Flipfile in Homework Folder).</p> <p>- Orally say colours (Kleure) (from Reading words and Poems Flipfile in Homework Folder).</p> <p>- My Familie. Garden-tuin, blomme-flowers, gras-grass, tree-boom, ma-mother, pa-father, broer-brother, suster-sister, baba-baby, ouma-granny, oupa-grandpa, hond-dog, kat-cat. Go over these words verbally. Draw a picture of your family in the garden and then label your family members using these words. At the bottom of your picture write a sentence. Ek is lief vir my familie. I love my family.</p>
<p>Life Skills</p>	<p>- It's a beautiful day outside (if you have a garden otherwise ask mom if you can set up the following in the lounge or wherever</p>

	<p>there is space). Set up an obstacle course. Crawl around a chair, jump over a cushion, hop around your bed, go under a table (use your imagination). At the end do a dance and sing a song that Ms Lily has taught you. While you are doing this obstacle course talk about the positions you are in.</p>
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Wednesday 29th April

English h	<ul style="list-style-type: none">- Orally go through letters of the alphabet, the sound out what the letter makes and who it is in letter land.- Read: Sight Words Set 1 (in Sight Word Flip file).- Phonics book: Page 30 do column for Wednesday. Read the sentences again from Tuesday and make up your own sentences verbally.Writing creative: try write out your own 2 sentences getting assistance with words you don't know. Then illustrate them.English home language book blue DBE: Letter Rr do page 82,83,84,85. Sound out the letter and think about words that start with Rr. Find things that start with the letter Rr in your bedroom. Eg rug,robot,red etc. verbally make sentences with two of the words you find. Eg I sit on my rug.Read and grammar: read Kathy and Mark Indoors and Out again. (pictures were sent yesterday). Read the story out aloud and follow the words with your finger as you read. Look for the naming words (noun) eg Kathy and Mark. Look for the doing words (verbs) remember to ask yourself can I do it. If you can it is a verb a doing word.Questions and answers: parents to ask questions against the story.What was Kathy doing?What kind of show were they watching on TV?How many cowboys were there?Who came after the cowboys?What animals were the cowboys and indians riding?Would you like to ride a horse after lockdown?
Maths	<ul style="list-style-type: none">- Go through today's date (the date, the month), and the day of the week. Say the days of the week how many in a week, how many days do we usually come to school, how many days make up a weekend what are those days. Say the months of the year then sing the song. Discuss which month comes first. Look out for the video of Mrs Minnie singing the month song and join in.- Orally count forwards and backwards in 1s from 1-50; in 2s from 2-50; in 5s from 5-50; and in 10s from 10-100.- Bond book : page 11 continue and complete the page from yesterday.- Repeated addition : this is adding the same number over and over. Eg. $1+1+1+1=4$. You can do this with any number and as you add another on the answer gets bigger and bigger. It becomes more.

	<p>- Fun with maths book page 69 and blue DBE book Mathematics in English pages 116,117 do these pages, when complete make up your own repeated addition sums 2 or 3 and write them on your whiteboard.</p>
Afrikaans	<p>- Orally say times of the day (Tye van die dag) (from Reading words and Poems Flipfile in Homework Folder).</p> <p>- Orally say shapes (vorms) (from Reading words and Poems Flipfile in Homework Folder).</p> <p>- Orally say months of the year (Maande van die jaar) (from Reading words and Poems Flipfile in Homework Folder).</p> <p>- Orally say seasons (Seisoene) (from Reading words and Poems Flipfile in Homework Folder).</p> <p>- shapes : practice your shapes “julle vorms” driehoek=triangle,oval=oval,sirkel=circle,vierkant=square,reghoek=rectangle. Draw these shapes on a piece of paper and label them. They mom and dad or whoever is helping you with your work. Say the shape and say a colour. Learner to colour the correct shape in the colour you saying. Use the afrikaans words rooi=red,blou=blue,oranje=orange,groen=green,geel=yellow,bruin=brown,pienk=pink,etc. once you have done that if you still have the energy make a shape boy or girl. Have FUN.</p>
Life Skills	<p>- HIDE AND GO SEEK: hide an item maybe a teddy draw a map of the room where you have hidden it and think of some clues. Then get someone to find the teddy. Tell them if they hot or cold. Hot meaning they close to it and cold meaning they need to reread the map. Get someone to do this for you and read their map and see if you hot or cold.</p>

Thursday 30th April

English

- **phonics book: page 30 do column for Thursday. (our spelling test will be done on Tuesday as tomorrow is a holiday).1st May workers day.**
- **In DBE Blue Book: English Home Language** complete the pages from yesterday and discuss what you did.
- **Inside and out reader-** read the story again choose a page and write the sentences out. Write the nouns the naming words in blue and the verbs the doing words in red. Draw a picture related to the page you have chosen and remember to colour it in. this is good exercise for your hands.
- **Act out:go over your sightwords set 1 and 2. Write the words out take two words one from each group and write out a meaningful sentence using the word. Get help with the words you don't know. When you have done that act out your sentence and see if your brother or sister or mom and dad know what you are doing.**

Maths

- Go through today's date (the date, the month), and the day of the week. The days and months as in yesterdays programme.
- Orally go through shapes, their names and their properties: circles (have 1 side and no corners), triangles (have 3 sides and 3 corners), squares (have 4 equal sides and 4 corners), and rectangles (have 4 sides, two long and 2 short, and 4 corners).
- lets talk about ordinals /order= when we run a race we come in in different orders. The winner is first then the next person is second and the next third, fourth, fifth, sixth, seventh,eighth, ninth tenth. We can write these out in symbols too eg. 1st,2nd,3rd,4th,5th,6th,7th,8th,9th,10th.
- When we do things we do things in an order for example when we bath (discuss) we 1st run the bath water 2nd we get undressed 3rd we get in the bath 4th we wash ourselves 5th we get out the bath 6th we dry ourselves 7th we get dressed 8th we let out the water 9th we wash the bath 10th we tidy the bathroom.
- Following an order makes things easy for us.
- Numbers have an order whether we counting in 1,2,5,10 or odd and even. Count in odd numbers to 20 remember they end in 1,3,5,7,9 then count in even remember they end in 0,2,4,6,8.
- **In Fun with Maths 1.1 Workbook do page 16,17. T**

	<ul style="list-style-type: none"> - Discuss verbally share = what you would do 1st when you make a sandwich eg. 1st I get out 2 slices of bread then 2nd I.....then 3rd,then 4th.....; - Make your own sandwich for lunch and say aloud to your self what you are doing as you doing it using 1st,2nd 3rd ordinal words. - Discuss with mom what she does before,while and after she goes shopping, you will see Mom follows and order. - Written = draw a picture of you making the sandwich and the different stages and number them 1st 2nd 3rd 4th.
<p style="text-align: center;">Afrikaans</p>	<ul style="list-style-type: none"> - Orally count from 1-10: een (1), twee (2), drie (3), vier (4), vyf (5), ses (6), sewe (7), agt (8), nege (9) en (and) tien (10). - Orally say the days of the week (from Reading words and Poems Flipfile in Homework Folder). - Orally say colours (Kleure) and (vorms)(from Reading words and Poems Flipfile in Homework Folder). - In Information Booklet 2: Practice singing “Jan Pierewiet”. The translation is next to the Afrikaans version so that you can understand what you are singing. -New Poem=”Hulle se daar’s n man in die maan.” See attached the poem in afrikaans and english and watch the video with Mrs Minnie acting out the poem. (don’t laugh boys and girls haha) recite the poem and once you comfortable with it try and act it out yourself. The words used in the poem are listed below so you can become familiar with them. <p>Man=man Maan-moon Hoed-hat Vrou-lady Sluier-veil/mask Gaan –go Graag-love to go/really like to go</p>
<p style="text-align: center;">Life Skills</p>	<p>- art-make a man on the moon (a robot) out of recycled materials. Boxes/paper/toilet rolls etc. watch Mrs Minnies video on how to make a robot etc.</p>

Friday 1st May 2020 Workers Day.	
English	
Maths	-

Afrikaans	
Life Skills	-

English - Weekend News 3

Write two sentences of your weekend news. Draw a picture showing what you have written underneath. Don't forget to start sentences with a capital letter, and end a sentence with a full stop.

For example: "On Friday I swam with my brother." Underneath the sentence you will draw a picture of you and your brother swimming.

My Sentences:

My Drawing:



AFRIKAANS
POEM

- Allow the child to attempt reading the whole poem on their own.
- If they are struggling with a word, help your child sound the word out, for example: “g aa n”
- Allow you child to act out the poem. Perhaps use props a ball as the moon a hat or cap on his/her head, a mask or scarf over their mouth. Have fun with the poem.

Afrikaans =

“hulle se daar’s n’man/vrou in die Maan”

HULLE SE DAAR’S N’ MAN IN DIE MAAN

O,EK WIL BAIE GRAAG GAAN

MET N’ HOED EN N’ SLUIER

OM NET MAAR TO KUIER

BY DAARDIE OU MAN/OU VROU IN DIE MAAN!

English=

“they say there is a man/woman on the moon”

THEY SAY THERE IS A MAN/WOMAN ON THE
MOON

OH I’D LOVE TO GO VISIT

WITH A HAT AND A VEIL/MASK

JUST TO VISIT

THAT OLD MAN/WOMAN ON THE MOON!

Look out for the videos :-

Kathy and Mark reader to read.

Video on how to make a robot man or woman.

Video acting out afrikaans poem.

Video on the months song.

Afrikaans – Singing

Jan Pierewiet (Afrikaans)

Jan Pierewiet, Jan Pierewiet,
Jan Pierewiet staan stil.

Jan Pierewiet, Jan Pierewiet,
Jan Pierewiet staan stil.

Goeie môre, my vrou,
Hier's 'n soentjie vir jou*.

Goeie môre, my man,
Daar is koffie in die kan.

Jan Pierewiet (English)

Jan Pierewiet, Jan Pierewiet,
Jan Pierewiet stand still.

Jan Pierewiet, Jan Pierewiet,
Jan Pierewiet stand still.

Good morning my wife,
Here's a kiss for
your life.



Good morning my
man,
There is coffee in the can.

Kom nou kinders (Afrikaans)

Kom nou
kinders,
Kom nou gou,



Come now children (English)

Come now children,
Come now quick,

Kom gou sit,
en handjies vou.

Come sit quickly,
and fold your hands.